Bounce, Bounce, Bounce

Choreographed by: Mikael Mölsä (1.2.2004 at 17:06)

Description: 32 count, 4 wall line dance

Music: Bounce by BroSis (100 BPM) **Do You** by BroSis (100 BPM)

VIP by BroSis (96 BPM)

Level: Intermediate

TOUCH, TOUCH, FULL TURN RIGHT, KICK-BALL-TOUCH X 2

1&2& Touch right toe to side, step right together, touch left toe left, step left together

3-4 Turn ¼ to right stepping right foot forward, bring left next to right while turning ¾ to right (that totals a full turn)

5&6 Kick right forward, step right next to left, touch left to side

7&8 Kick left forward, step left next to right, touch right to side

Option: you can replace the full turn (counts 3-4) with just a slide to the right(3) and stepping left next to right(4).

1/2 TURNING FLICK, RIGHT KNEE TWIST, MOONWALKS

1&2 Touch right toe forward, turn ½ to left and flick right back, step right toe forward (now facing 6:00)

3&4 Twist right knee out-in-out (while doing this press your body forward) (weight is now on right foot)

- 5 Reaching back with left toe, pull step back to weight left
- 6 Reaching back with right toe, pull step back to weight right
- 7 Reaching back with left toe, pull step back to weight left
- 8 Touch right toe next to left

Option: Moonwalks can be replaced with either smashed potatoes back or just normal steps back.

ROCK STEP, SIDE, ROCK STEP, SIDE, STEP, TURN, BODY ROLL / SNAKE ROLL

1&2 Rock right across left, recover weight on left, step right to side

3&4 Rock left across right, recover weight on right, step left to side

5-6 Step right forward, turn \(^3\)4 to left bringing left foot next to right (now facing 9:00)

7-8 Do either a snake roll to left or a body roll on counts 7-8 (weight ends up on left)

Option: Body roll / snake roll can be replaced by two hip bumps to left (weight ends up on left)

FORWARD TRAVELLING HEEL JACKS, SYNCOPATED FULL UNWIND

1&2& Step right across left, step left back, touch right heel diagonal, step weight on right (pump your chest on count 2)

3&4& Step left across right, step right back, touch left heel diagonal, step weight on left (pump your chest on count 4)

5 Step right across left

6-7-8 Unwind a full turn on counts 6-7-8 (now facing 9:00)

Note: On the heels jacks (counts 1-4&) you're suppose to travel forward a little

Styling: Pausing between steps 6-7-8, (so that you can see the counts?), makes them look so much better. Give it a try!

REPEAT

